

WILDWATER Racing Development

Winter Training Camps

AIMS

- Learning new rivers
- Wild Water Racing Boat Skills
- Team Racing Tactics
- Forward Paddling Technique
- Physical Fitness for Training and Racing 2022 Season

KEY DATES

- November 13th – Barrow Race + **Training Day**
- December 4/5th - **River Weekend**
- January 8/9th - **River Weekend**
- Feb (TBC) – Bala Trip **River Weekend**
- March 4th - Barrow Race + **Training Day**
- April TBC... **River Weekend**

WHO

- Open to 2021 Team paddlers (Junior, Un23 & Senior) by application
- Please register interest and for further details by emailing coaching@wildwater.org.uk

Don't forget these up and coming racing opportunities!

- 6/7th Nov Grandtully - BUCS & Scottish Championship
- 20th/21st Nov Dee - British and Welsh Championship

