


# British Canoeing – Duddon Canoe Club

## Safety Checklist for WWR race

<b>Name of activity:</b>	<b>River Lune Whitewater Race</b>
<b>Description of activity:</b>	Entry level WWR event. Suitable for intermediate and Experienced Paddlers. This will be a 500m sprint.
<b>Activity date &amp; time:</b>	
<b>Activity venue:</b>	Devils Bridge, Bridge Brow, Kirkby Lonsdale LA6 2DF Grid Ref- SD 615 783
<b>Start</b>	500m upstream from Devils Bridge Grid Ref- SD 617 787
<b>Finish</b>	Between Devils Bridge and the A65 road bridge
<b>Route</b>	The race will be a sprint starting 500m upstream from Devils Bridge.
<b>Escape route(s)</b>	Paddlers can egress on bank river right.
<b>Contingency Plans</b>	River Levels will dictate the standard of paddler allowed to race. If the water level is deemed too high by the organiser, the race will be cancelled.
<b>Event officials</b>	Organiser – Safety officer – Welfare officer – First Aid – at race control / coaches
<b>Race control</b>	Vehicle at Car Park at Devils bridge near river side path to start location.
<b>Facilities</b>	There are pay as you go public loos at the car park. river right./west side

### Risk control summary (see risk assessment for full details)

Do not get on the water before race organiser / safety officer have consulted to ensure that the course is safe, safety is in place, ready to race.	
Suitable personal PFD – Helmet – Footwear must be worn. Boat buoyancy must be used. Only paddlers deemed experienced enough for the conditions will be allowed to race.	
If you capsize, swim to the bank, and get out of the water. If safe to do keep hold of your boat and paddle taking them with you.	
Cover cuts / wash hands before eating - Alcohol gel at race control.	
<b>If you bring a boat from another catchment ensure it and your kit is washed / dried out before and after the event to avoid transfer of invasive species.</b>	

### Emergency response information :

Emergency - Contact details	John Sherwen (prior to event) 01229 462905 / 07914424220 At event use 999
Emergency - Location Details	Give 999 operator – Devils Bridge- Bridge Brow Post code LA6 2DF grid ref SD 615 783  W3W secretly. Bloom. hotels
Medical Services Contact Details	Use Lancaster Royal Infirmary 01524 65944