

WILD WATER WEEKEND



6 - 7 APRIL 2024

NATIONAL WATER SPORTS
CENTRE

NOTTINGHAM

1



EUROPEAN
CANOE ASSOCIATION

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1. WELCOME

We welcome this first Wild Water Weekend, which combines the exhilarating wild water sports of Raft Racing, Freestyle and Kayak racing into one weekend of action-packed activity at the Holme Pierrepont White Water Course in Nottingham.

The event also sees the return of international wild water kayak racing in the UK, hosting a ECA European Cup event, the first international event in UK waters since 2005.

Wildwater racing is a time trial in the purest of whitewater racing forms - the athlete, the river, the clock. Racing performance is the result of physical conditioning, skill and harmony with the water. Beautiful water, scenery and companionship make the Wild Water Racing experience compelling. The competitor is free to take whichever route on the river they desire, a freedom of racing unsurpassed in the whitewater world.

Freestyle kayaking is a fun, fast and dynamic discipline. Freestyle paddlers use white water waves and holes to perform surf and gymnastic-style manoeuvres and tricks. The short kayaks are designed to surf and spin across the water surface, and release up into the air.

Rafting is an exhilarating sport where crews navigate a whitewater course in a Head to Head or Time Trial format. Rafting is inclusive for all and entry into this event can be made individually or as a team of four. Individual entries will be grouped into a team.

2. GENERAL INFORMATION

2.1 Outline Schedule

The WWR ECA Cup and British Open will be the main attractions for the event, with the exciting addition of cross-discipline working to integrate Freestyle and Rafting into the schedule.

Darleks Race

There is an opportunity before competition begins for all competitors in the form of a WWR Darleks race. The Darleks race is an introductory wild water race open to anyone that would like to try racing in a wildwater boat, a C2 boat or any other boat of your choice. Boats will be available to use on the day, however please bring your own if you are able. Entries can be taken on the day so be sure to get involved!

The Darleks race will happen on the Darleks section of the course subject to the water levels not exceeding 2.2m. If the water levels exceed this height, the Darleks race location will be on either the river or the Winfield pool but will be monitored and communicated on arrival.

If you have any queries on the Darleks race ahead of the event, please contact Rebecca on: secretary@bradbingcc.co.uk

The outline of the wider schedule for the weekend can be seen in the table below. This will inform whether you can compete in multiple disciplines as part of your trip to the event.

If you wish to compete in multiple event and are concerned about the scheduling, please contact the event lead: events@paddleuk.org.uk

SATURDAY 6TH APRIL

Discipline	Time	Activity	Location
RAFTING	10:30 - 11:00	Registration	Green Hut
RAFTING	11:00 - 11:30	Competitor Briefing	Green Hut
RAFTING	11:30 - 12:00	Open practice	Flat water
RAFTING	12:00 - 14:00	Head to Head	WW Course
WWR	09:00	Darleks Check-in	Top of the Darleks
WWR	09:45	Darleks Briefing	Top of the Darleks
WWR	10:00 - 12:00	Darleks Racing	Flat water darleks
WWR	12:00	Prize Giving	Top of the Darleks
WWR	14:00	Registration	Green Hut

WWR	14:00	Course Practice	WW Course
WWR	15:00	Competitor Briefing	Green Hut
WWR	16:00 - 17:00	First runs (all classes)	WW Course
WWR	18:00 - 19:00	Second runs (all classes)	WW Course
WWR	20:00	Results & Prize Giving	Green Hut
FREESTYLE	13:00 - 13:45	Registration	Inlet
FREESTYLE	14:00 - 17:00	Jam Heats	Inlet
FREESTYLE	18:00 - 19:00	Finals	Inlet
FREESTYLE	20:00	Prize Giving	Green Hut

SUNDAY 7th APRIL

Discipline	Time	Activity	Location
WWR	09:00	Competitor Briefing	Nottingham Kayak Club
WWR	10:00 - 11:30	Classic Race	Nottingham Kayak Club
WWR	13:00	Prize Giving	Green Hut
WWR	13:00	Finish	

2.2 Venue

National Water Sports Centre
 Holme Pierrepont Country Park
 Adbolton Lane
 Holme Pierrepont
 Nottingham
 NG12 2LU
<https://www.nwscnotts.com/>

2.3 Key Event Contacts

Role	Name	Contact
WWR Event Lead	Rob Guest	rob@k1-solutions.co.uk
WWR Darleks Race Lead	Rebecca Mackenzie	secretary@bradbingcc.co.uk
Freestyle Event Lead	David Rogers	david.rogers@paddleuk.org.uk
Rafting Event Lead	Beth Kirby	eoc@britishrafting.com
Paddle UK	Macauley Allen	macauley.allen@paddleuk.org.uk
Entry Enquiries	Paddle UK Events	events@paddleuk.org.uk
Campsite Enquiries	NWSC	info.nswc@serco.com

Paddle UK +44 (0) 300 0119 500

National Water Sports Centre, Adbolton Lane, Holme Pierrepont, Nottingham, NG2 2LU

For any enquiries into the event, please use the above contacts as a starting point. However, if none of the above relate to your enquiry, please contact:

events@paddleuk.org.uk

2.4 Location

Situated just 10 minutes from Nottingham City Centre, Holme Pierrepont Country Park is home to the National Water Sports Centre and Paddle UK.

Nottingham is considered to be the best city outside London for public transport links and is one of the greenest cities in the UK. Based in the heart of the country, Nottingham occupies a fantastic central location with excellent transport links via road, rail and air.

By Air

	Distance	Time	Destinations
East Midlands Airport	27 km	25 mins	Regular flights to and from Europe
Birmingham Airport	80 km	60 mins	Europe, the Middle East, the Indian subcontinent, North America and the Caribbean
Manchester Airport	130 km	150 mins	Europe, the Middle East, the Indian subcontinent and North America
London Luton Airport	160 km	110 mins	Primarily Europe but also some Middle East, the Indian subcontinent and North America destinations
London Heathrow	200 km	150 mins	Global

By Rail

Nottingham Train Station – 10 minute drive to the venue.

Direct train service from London St Pancras (easy access from London Airports) which is also home to the Eurostar.

By Road

At the heart of the UK road network Nottingham is 20 minutes off the M1 motorway. As you approach Nottingham, follow the brown tourist signs for the National Water Sports Centre which will direct you to the site.

By Bus

Nottingham bus routes 11 and 11C have a stop a 10 minute walk from the White Water Course.

Travel by bus to Nottingham from East Midlands Airport, Birmingham, Manchester and London as well as many other cities is also available.

3. VENUE

3.1 Venue Information and Venue Map

Set in 270 acres (1.1 km²) of parkland, Holme Pierrepont Country Park not only offers a host of water activities, but also a range of land based activities. The centre is made up of three distinct pieces of water:

- A 2,000 metre regatta lake
- A 700 m purpose-built white water canoe slalom course
- A canoe polo and open water swimming lagoon



3.2 Technical Aspects of the White Water Course

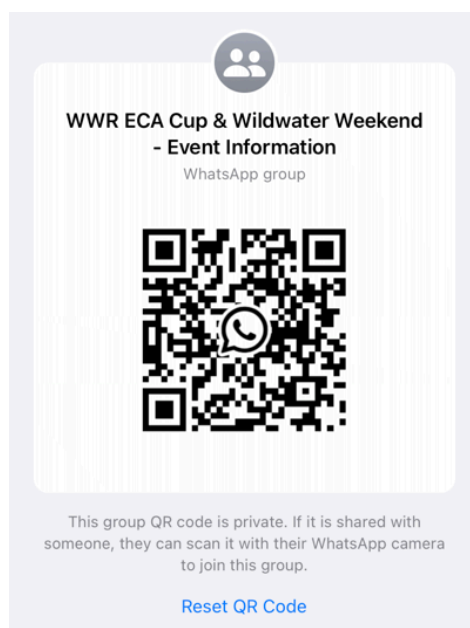
Built in 1986, the course is made primarily from concrete. It is approximately 1500 metres long, drops just over 4 metres in height to produce Grade 3 white water rapids. River flow is dependent on rainfall but due to the large catchment of the River Trent, flows between 16 and 25 cubic metres per second are normal. Control of flow to ensure a consistent feature is achieved using a mechanical inlet gate.

The course had a refit in 2009 with design by athletes and rafters to ensure the course can stage major sporting competitions whilst providing the maximum thrills for day to day white water rafters and paddlers. Along with essential maintenance, some of the original concrete obstacles were removed and Omniflots (large plastic movable blocks) were added.

4. EVENT AND COMPETITION DETAILS

Event WhatsApp Group

There is a one-way WhatsApp group for organisers to share any key information on the day. Please join the group using the QR code below:



Competitor Information - Commentary

There may be an opportunity to have commentary at the event. Our commentators would love some information from all competitors, so with that in mind, please can all competitors provide some basic information by completing the following form - thanks!

[COMPLETE THIS FORM HERE.](#)

4.1 Entry Information: WWR European Canoe Association (ECA) Cup, British Open and Sprint Championships.

Event Description

The WWR ECA Cup is an international grade event and is one of six events happening throughout 2024. International paddlers are welcomed and encouraged to participate at the event alongside the British paddlers.

Alongside the ECA cup, the event will also include the British Open and Sprint Championships, where selection for the GB WWR team will be on the line.

Entry

Entries for the WWR ECA Cup will be taken from the [WWR website HERE](#).

Entries cost £20.

Late entries can be accepted until 15:00 hrs on 6th April 2024. There will be a late entry surcharge of £10. A single entry will cover all events for the weekend, sprint and classic races.

Ranking Points:

The sprint race will be an ECA Cup race, and therefore the results will award ranking points towards ECA Cup ranking.

Course Details:

Distance: 300m

River Grade & Hazards: Grade 3

Start: Sprint below entry slice

Finish: Sprint, below muncher

Schedule:

Saturday 6th April

- Registration: 14:00
- Course Practice: 14:00
- Briefing: 15:00
- First Runs (all classes): 16:00 - 17:00
- Second Runs (all classes): 18:00 - 19:00
- Results & Prize Giving: 20:00

Sunday 7th April

- Briefing: 09:00
- Classic Race: 10:00 - 11:30

***Due to the ever-changing water levels, there is potential that the schedule and course may change at late notice if water levels restrict water access. If this is the case, there will still be racing on each day, however schedules may be reversed to ensure competition takes place on both Saturday and Sunday.**

4.2 Entry Information: Freestyle

Event Description

Come and give Freestyle competition a go! Open to all, this event is a great opportunity to try your first competition. We'll be using a score sheet that covers all your favourite moves from Paddle Spins and Cosmic Donkeys, to Loops and McNastys. Jam style heats where everyone gets approximately 20 minutes to get as many moves in as possible. Top 5 in each category will go into the final.

Categories: K1 Men, K1 Women, Junior K1 Men, Junior K1 Women, C1 Men, C1 Women, OC1.

Entry

Entries to the Freestyle event can be made through the [entry system found HERE](#).

Entries cost £10.

To be eligible to take part, you must have one of the following:

- Any UK National Association 'On the water' membership, or equivalent.
- Any UK National Association Club Associate
- Single Event Membership - cost of £5.

***Due to the ever-changing water levels, there is potential that the schedule and course may change at late notice if water levels restrict water access. We're currently confident the event can still go ahead at this stage. However if anything changes negatively, participants will be notified as soon as possible. If entrants are travelling a long distance and late decision making hinders their plans, participants are encouraged to make their own decisions on whether they travel to the event.**

4.3 Entry Information: Rafting

Event Description

A Fun introduction event to give paddlers the opportunity to try one of the raft racing disciplines. In teams of 4 you will race against another team, battling down the whitewater course and around 2 gates in a race to the finish. You will race multiple teams in a box league, with the winners battling it out in a final race.

No rafting experience is necessary; however some paddling experience is required. You can enter either as a team of 4, or as an individual and you will be matched up with other paddlers. All teams will be accompanied by an experienced raft racer to enable you to get the most out of the event.

All paddlers must be 14+ so get yourself and your friends together and come give raft racing a go!

Entry

Entries for the Rafting event can be made through the [entry system found HERE](#).

Entries for a full raft cost £40.

Entries for a single raft place cost £10.

To be eligible to take part, you must have one of the following:

- Any UK National Association 'On the water' membership, or equivalent.
- Any UK National Association Club Associate
- Single Event Membership - cost of £5.

Rafting Competition Schedule

- H2H will be run at 3-minute intervals and run off the same sprint course as the wildwater race.
- Teams will compete in a round robin style event, competing against 3 other teams.
- The winning teams will face off in the grand final.

***Due to the ever-changing water levels, there is potential that the schedule and course may change at late notice if water levels restrict water access. We're currently confident the event can still go ahead at this stage. However if anything changes negatively, participants will be notified as soon as possible. If entrants are travelling a long distance and late decision making hinders their plans, participants are encouraged to make their own decisions on whether they travel to the event.**

5. WATER QUALITY & WATER LEVELS

WATER QUALITY

The water facilities at the National Water Sports Centre are supplied from a variety of sources including surface streams and the River Trent. The vast majority of people using the water sports facilities have no ill effects at all however to reduce the risk of illness it is suggested that paddlers avoid swallowing the water, cover minor scratches with a plaster, wash or shower as soon as possible and before eating/drinking, rinsing kit and washing hands after handling kit.

If you fall ill with symptoms after watersports, particularly from 3-19 days following, then see a doctor immediately.

The Centre test the water quality daily and update their website with the current status: <https://www.nwscnotts.com/nwsc/policies-documents/water-quality/>

With the event held in the spring we anticipate good water quality but would always recommend water users to have strong hygiene protocols.

WATER LEVELS

The event is permitted to continue up to water levels of around 2.6m with additional mitigations in place. Any amendments to the course or schedule to make the event safe will be communicated at the competitor briefings on the day.

6. ACCOMMODATION & PARKING

6.1 Accommodation at the National Water Sports Centre

The National Water Sports Centre has a variety of accommodation offerings on the site including hotel-style rooms in the Lakeside Building, a self-contained cottage ideal for groups or camping pitches, arches and bell tents on the campsite.

Lakeside Accommodation

For more information on the Lakeside accommodation visit:

<https://www.nwscnotts.com/nwsc/accommodation/>

Camping

For more information on the campsite visit: <https://www.nwscnotts.com/hpcp/short-breaks/>

The event has secured a preferential discounted rate for athletes, team staff and volunteers wishing to use the local campsite.

To book please use the above link and discount code **BCECACUP** for 10% off your booking.

6.2 Hotel accommodation in the local area

There are a number of hotels in and around the city. Prices range from £50 per room per night crash pad at a 4* hotel, £70 per room per night for 3* accommodation, through to more expensive rooms at 4* hotels.

You are advised to avoid the city centre hotels where parking may be an issue as they use public multi storey car parks and access with canoes may be difficult.

6.3 Event Parking

Parking will be available at the National White Water Centre. The car park operates an ANPR system, so there will be a small charge to use the car park. The payment machines can be found in the car park, or you can pay by phone.

7. MEDICAL SERVICES

There will be a First Aider on-site during the event, however for anything more serious, there are local hospitals close by.

Queen's Medical Centre Nottingham is 7.7 km (4.8 miles) providing 24 hour a day accident and emergency services.

NHS Urgent Care Centre, Seaton House, City Link, Nottingham NG2 4LA is located 4.3km (2.7 miles) from HPP, and open daily 7am-9pm providing minor injury emergency care.