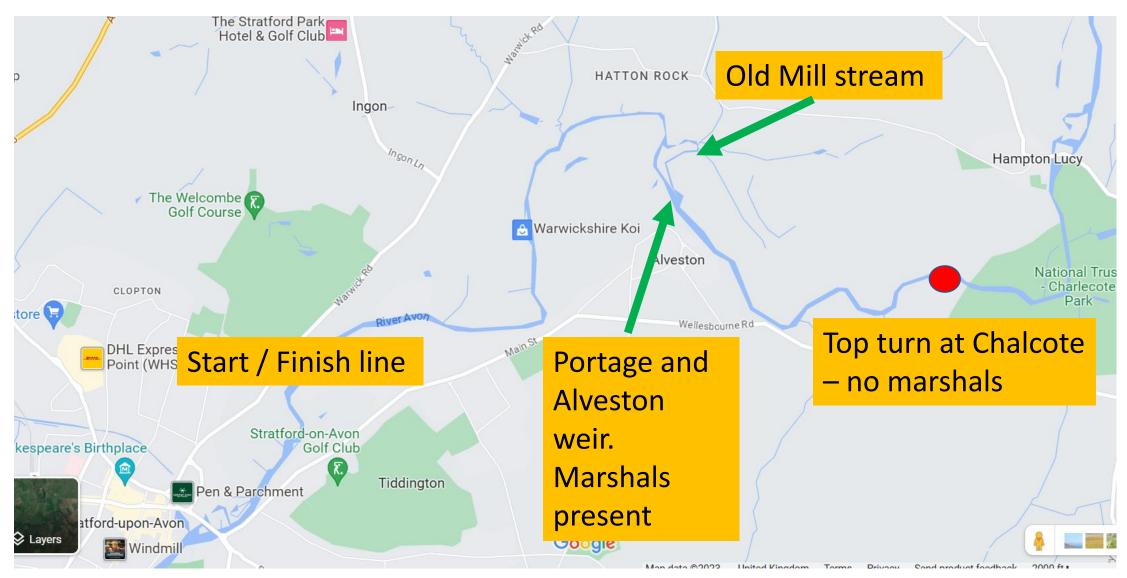
## AVON ASCENT DESCENT RACE

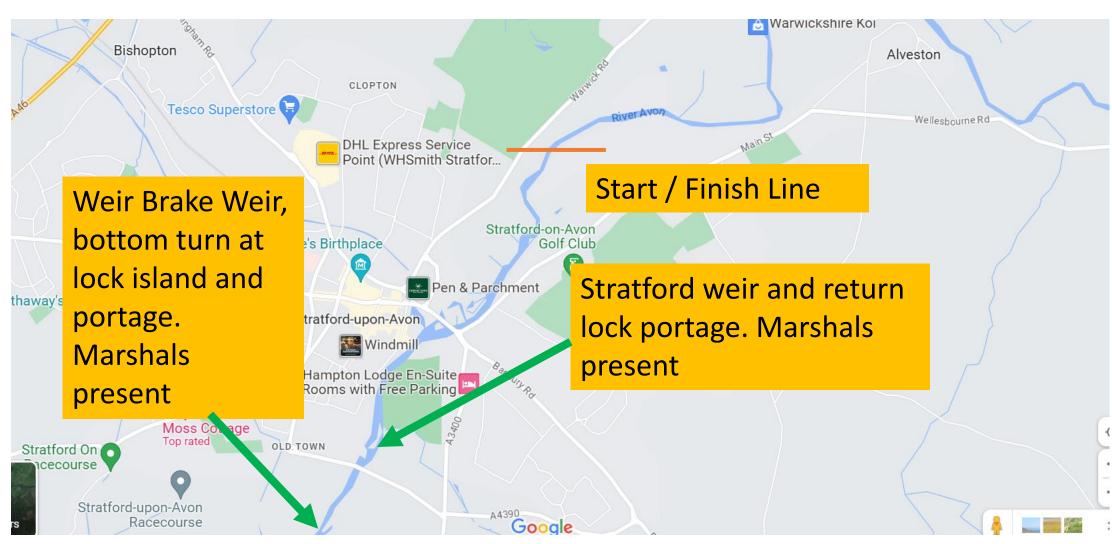


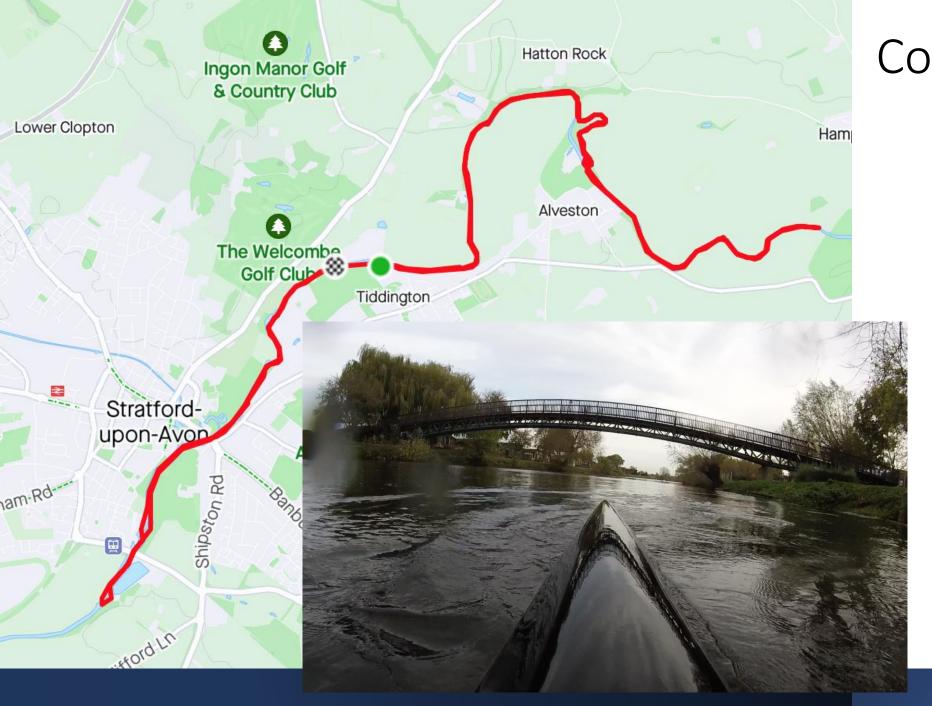
### Course Overview

# The Course – upstream from start / finish line 11 mile race



# The Course – downstream from start / finish. 11 and 5 mile race





#### Course and Starts

#### 11 mile race will go first

START is the footbridge, Facing upstream and competitors do the full course. k1s will start first followed after a suitable gap by the K2s / C2's.

#### **5 Mile Race**

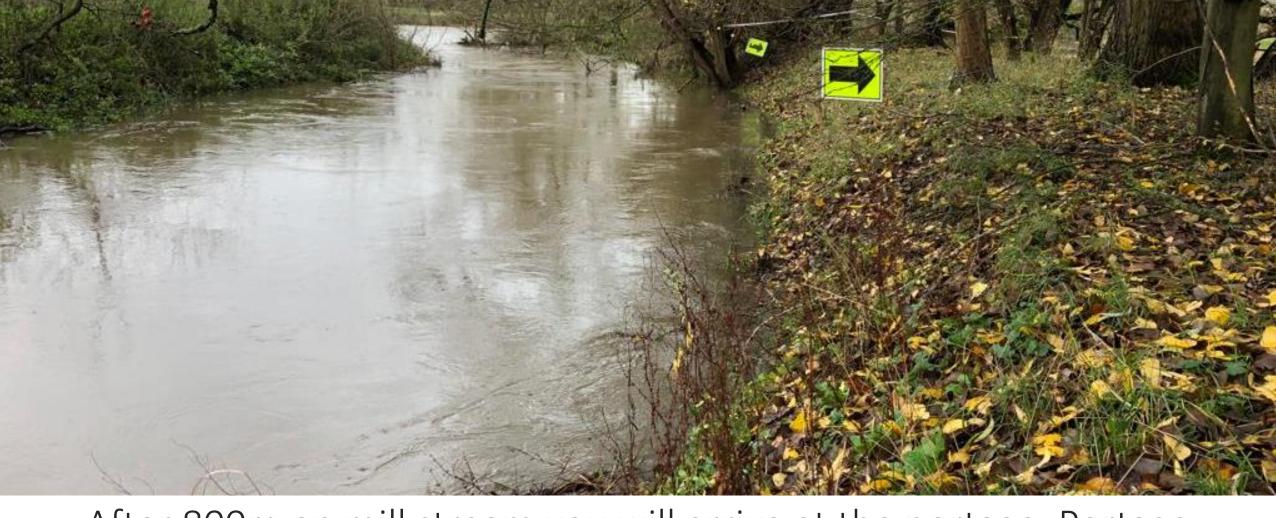
5 mile race will start facing downstream at the footbridge and do the section down to weir brake island and back to start / finish.

k1s will start first, followed after a suitable gap by the K2s / C2s



Follow the river upstream for 3km





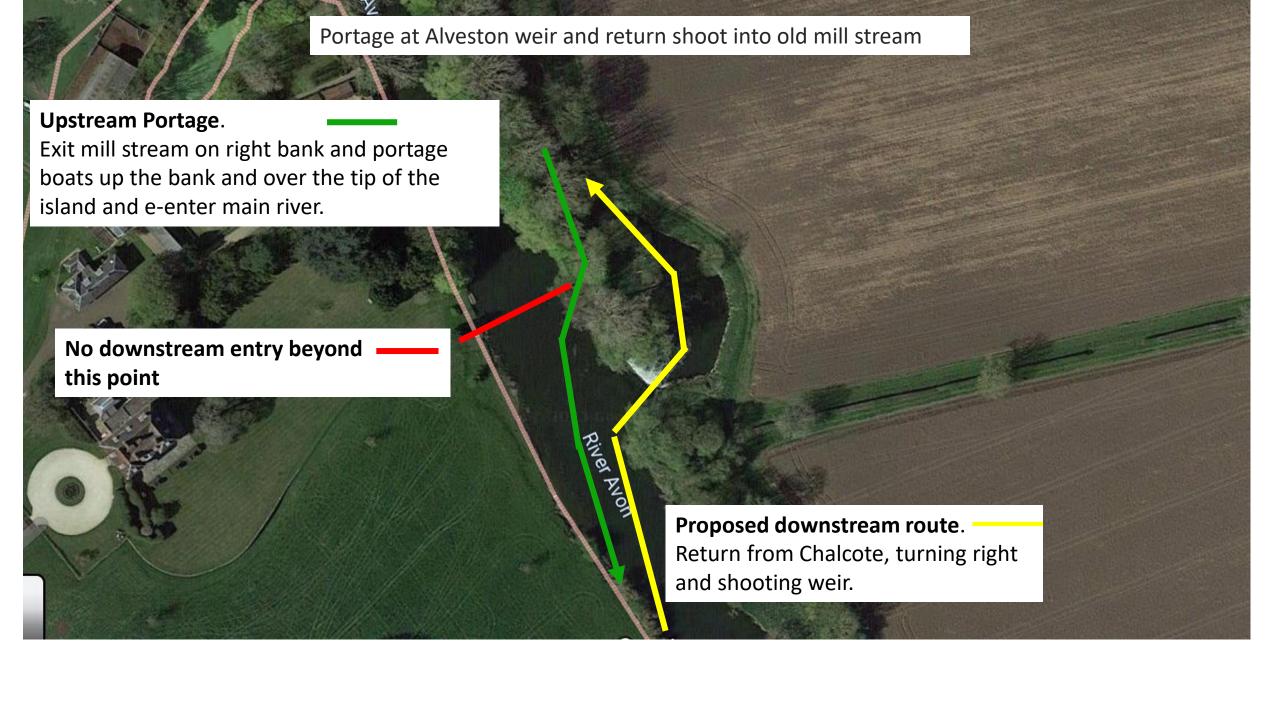
After 800m on mill stream you will arrive at the portage. Portage between the two yellow signs. It is steep and rough ground. Care needed. Marshalls will be here

Turn at the buoy placed 100m before Charlecote Booms. It will be near right bank to assist with turning





Shoot the weir, staying right to avoid these low hanging branches.



# Continue downstream 6km to Stratford Upon Avon





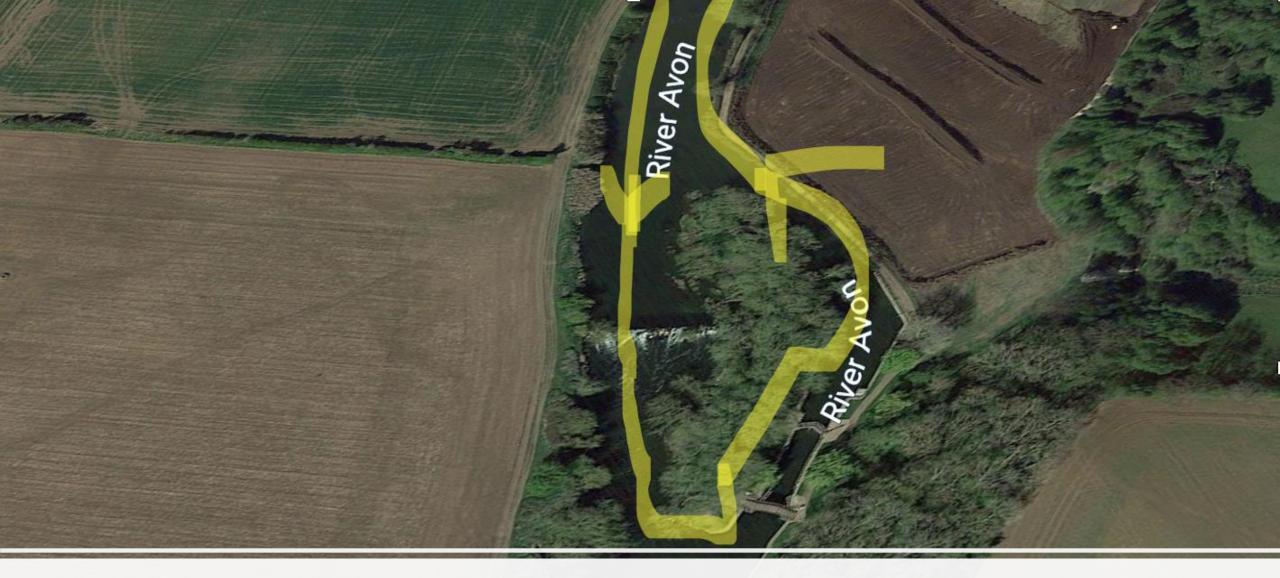


## Stratford 2 / Weir Brake Weir

Shoot between the 2 tress on the right, which will be clearly marked







Bottom turn and portage route after shooting Weir Brake weir



Pass below both Stratford weirs. Follow navigation signs to lock cut. Get out on the left hand side, portage the lock and re-enter the river at the top of the lock island. Continue 3km upstream to the finish.

