

# GB Wild Water Racing

## Site Specific Risk Assessment: Nigel Stevenson Memorial Race, Newark-on-Trent, Notts

Risk Assessment completed by: Grant Anderson

Date: 26th November 2023

Reviewed and updated by: Mike Chandler, 26<sup>th</sup> November 2023

Race Organiser Grant Anderson on behalf of the WWRC

### RISK ASSESSMENT

L=LOW RISK (IF ADVICE FOLLOWED); M=MEDIUM RISK AND H=HIGH RISK (IF ANY RACE RISK DEEMED HIGH THEN RACE TO BE MOVED OR CANCELLED DUE TO BEING ADVERTISED AS SUITABLE FOR NOVICES)

HAZARDS	RISK TO WHOM	RISK AVOIDANCE, ACTIONS AND ADVICE	RATING IF PRECAUTIONS ETC FOLLOWED
<b>PADDLER CONTROL</b>	Paddlers	A briefing will take place before the event in the form of a short meeting or by the issue of briefing notes depending on covid restrictions at the time of the race  All Paddlers and parents must follow instructions and comply with any safety, plans and directions from the organisers. It is their responsibility to acquaint themselves with this.	L
<b>RACE ORGANISER</b>	Organisation	Wild Water Racing Committee as part of British Canoeing either individual or as a member of a British Canoeing affiliated club: Hold a 10 million pound third party liability insurance.	L
<b>MEMBERSHIP</b>	Organisation and Paddlers	All competitors are required to be a current member of one of the National Associations (BC,SCA,Canoe Wales,CANI)  Or BC Club associate member of a BC affiliated Club	L
<b>COMPETENCE</b>	Paddlers	Paddlers are solely responsible for their own competence, medical fitness, endurance to complete the race and issues and welfare undertaking the race in the conditions present on the day.	L
<b>START AND FINISH NUMBERS MATCHING</b>	Organisation and Paddlers	The race team will ensure all paddlers complete the race using a safety boat sweeping the course. Paddlers will be briefed on ensuring they do not leave the race area without first reporting their withdrawal.	L
<b>SITE SPECIFIC</b>			
<b>PROTECTED LAND AND PRIVATELY OWNED LAND</b>	Both	Sections of the race course benefit from a public footpath along the river bank. However, there are also areas of private property which must be respected by all.	L
<b>WATER GETTING IN AND OUT</b>			
<b>GETTING IN AND OUT SLIPWAY</b>	Paddlers and spectators	All paddlers or officials getting on the water MUST wear a buoyancy aid.  Spray decks are highly recommended	L

		<p>It is recommended officials doing start and finish and parents, spectators etc., if on the bank and potentially prepared to intervene in a rescue wear a buoyancy aid.</p> <p>Paddlers to be careful getting in and out and request assistance if required.</p>	
<b>MUDDY BANKS</b>	Paddlers and Spectators	The banks can be very slippery and the mud much deeper than you think, ensure you get in and out on firm ground/banks. All paddlers are to wear appropriate footwear.	L
<b>RIVER CONDITIONS</b>	Paddlers	River Trent is a natural river lined with trees and other hazards. At low water these present little risk. However, the river can rise rapidly in wet weather and as the river rises the risk of becoming entangled and entrapped in trees and other hazards increases, quickly. Any specific hazards will be highlighted during the briefing.	L
<b>CONDITIONS E.G. WIND, WEATHER ETC.,</b>	Paddlers and Spectators	<b>Review on day of race. Option includes course changes shorter or circular nearer to the start or cancellation</b>	L
<b>BOATS MOORED AND CHAINS/ROPES</b>	Paddlers	There are a few places where boats are moored with chains, ropes etc., between them or mooring them DO NOT cut over these you can get trapped or pulled under	L
<b>RIVER TRAFFIC</b>	Paddlers	There may be some boat traffic on the river especially other canoeists, rowers and motor boats, treat other craft with respect.	L
<b>OVER HANGING TREES BRANCHES ETC</b>	Paddlers and Spectators	In low water the risk is low and most trees and obstacles are above the water, as the river rises the risk of becoming entangled and entrapped in trees and other hazards increases, quickly. Any specific hazards will be highlighted during the briefing or detailed in the briefing notes.	L
<b>NAVIGATION &amp; SAFETY COVER</b>	Paddlers	A pre-race briefing will take place to describe the course. Safety cover will be provided in two key locations (Averham Weir and Crankly Point). A third safety boater will sweep the course, behind the last competitor.	L
<b>CAPSIZE</b>			
<b>CAPSIZE</b>	Paddlers	<p><b>IN ALL CASES THE PADDLER TAKES PRIORITY OVER SAVING BOAT AND/OR EQUIPMENT</b></p> <p><b>WWR code of conduct requires all paddlers to offer support to other paddlers when requested or if they see someone in potential difficulty with penalty of disqualification for life from competitive canoeing unless at risk/danger themselves.</b></p> <p>The paddler should get to the bank as quickly as possible with their canoe and paddle if they can. If they need help they MUST stop the next paddlers by calling for help from them. The water current may be strong and some paddlers may have difficulty in swimming against this. The finished paddlers must be alert to the paddlers on the race course and go to help immediately.</p> <p><b>NB: If a boat is lost downstream then please let the race organisation know so emergency service can be notified to prevent any unnecessary searches being started.</b></p>	L
<b>BOAT SPECIFIC</b>			
<b>SAFETY CLOTHING, EQUIPMENT and CANOE FLOTATION</b>		It is the paddlers responsibility to ensure their boat has appropriate buoyancy and safety clothing/equipment meets National Governing Body guidelines. All paddlers must wear a buoyancy aid.	L

<b>ILL HEALTH INJURY</b>			
<b>ILL HEALTH and or INJURY</b>	Paddlers	If you can pull to the side or a safe bank area, or an area you can beach boat or hold on safely to something if you can get out and rest on bank. Call for help in any situation and report to the race organiser for first aid or treatment on site or wider help. Contact to race organiser.	L
<b>HYPOTHERMIA/HEAT STROKE</b>	Paddlers and spectators	Paddlers can withdraw from race by attracting other paddlers' attention.  Wear clothing appropriate to conditions and that suits your own bodily temperature control needs.	L
<b>WEILS DISEASE</b>	Paddlers	<b>WEIL'S DISEASE</b> Weil's Disease is a RARE but very serious illness which is caused by bacteria carried in the urine of rats (and some other animals). It can be contracted anywhere but especially around waterways. The descending scale of risk is: Stagnant water, canals and slow moving rivers (particularly after flash floods), swifter streams. Precautions: <ul style="list-style-type: none"> <li>• Avoid capsize drill or rolling in stagnant or slow moving water</li> <li>• Wash or shower after canoeing Cover minor scratches on exposed parts of the body with water-proof plaster</li> <li>• Use foot-wear to avoid cutting feet</li> </ul> Should you become ill after canoeing (2-19 days) with a flu-like illness (temperature, aching limbs & joints) call your doctor and tell him/her you are a canoeist and may have come into contact with the Leptospirosis bacteria – contact British Canoeing for more information if required.	L
<b>FIRST AID</b>	All Participants	Any of the support crew/race team can provide first aid if required.	L
<b>EMERGENCY</b>			
<b>EMERGENCY</b>	Paddlers and Spectators	<b>Call 999 or 112 and request the correct service, explain the situation and contact the race organiser as soon as possible.</b>	L

## COVID SPECIFIC RISK ASSESSMENT

<b>Entries</b>	Paddlers/organisers	To minimise contact entries should be made online via the race webpage in advance. Late entries will be accepted on race day before 10am in the car park.	L
<b>Start List</b>	Paddlers/organiser	No start list will be printed out on race day to avoid paddlers congregating in one place.	L
<b>Race Numbers</b>	Paddlers	No bibs or race numbers will be issued. Paddlers will be asked to shout their names to the finish timekeepers.	L
<b>Travel to the Event</b>	All participants	Is outside the control of the organisers. It is advised everyone attending the event should check the latest government advice before travelling.	L
<b>Accommodation</b>	All Participants	Is outside the control of the organisers. Participants need to assess the level of risk present to them as an individual and take any precautions necessary.	L

<b>Camping</b>	All Participants	No Camping is available on site.	L
<b>Toilet Facilities</b>	All Participants	No toilet facilities are available on site. The Navigation public house will open from 12noon. Newark Bus Station has public toilets and is approximately 10mins walk from the start/finish.	L
<b>When on site</b>	All Participants	Each individual is responsible for maintaining social distancing and following the latest government advice.	L
<b>Briefing</b>	Paddlers	A briefing will take place outside prior to the race. Face coverings can be worn by paddlers at their own discretion.	L
<b>Practice</b>	Paddlers	Any practice of the race course is outside the organisers control and at the paddlers own risk.	L
<b>Race Organisers Starters and Finishers</b>	Organisation	The start and finish team will maintain social distance where possible. Individuals may choose to wear a face covering at their own discretion.	L
<b>Crew Boats</b>	Paddlers	Crew boats are permitted under current covid rules.	L
<b>The Race</b>	Paddlers	The race is mass start format with plenty of space at the start line on a wide section of river.	L
<b>Results</b>	All Participants	No results will be published at the site, these will be posted on the event web page as soon as possible.	L
<b>Post race - Prizegiving</b>	All Participants	A prizegiving will take place outside following the race. Face coverings can be worn by paddlers at their own discretion.	L
<b>Timing Equipment</b>	Organisers	Timing will be undertaken by members of the race team	L
<b>Covid event officer</b>	All Participants	Covid event officer is Grant Anderson	