

# GB Wild Water Racing

## Site Specific Risk Assessment: The Barrow Loop, Barrow on Soar, Leicester

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Reviewed and updated by: Jamie Christie 11<sup>th</sup> July 2023

### RISK ASSESSMENT

L=LOW RISK (IF ADVICE FOLLOWED); M=MEDIUM RISK AND H=HIGH RISK (IF ANY RACE RISK DEEMED HIGH THEN RACE TO BE MOVED OR CANCELLED DUE TO BEING ADVERTISED AS SUITABLE FOR NOVICES)

HAZARDS	RISK TO WHOM	RISK AVOIDANCE, ACTIONS AND ADVICE	RATING IF PRECAUTIONS ETC FOLLOWED
<b>PADDLER CONTROL</b>	Paddlers	<p>A short briefing for both races will be held prior to the start of the WWR race by a member of the organisation</p> <p>All entrants or person in “loco Parentis” must complete a separate WWR entry form stating paddler is competent and fit to race the WWR race on the conditions and distance etc. on the day. Or enter online</p> <p>Paddlers, spectators and parents etc. to follow instructions and safety, site etc. plans and directions from the organisers. It is their responsibility to acquaint themselves with this.</p>	L
<b>RACE ORGANISER</b>	Organisation	Soar Valley Canoe Club on behalf of Wild Water Racing Committee as part of British Canoeing either individual or as a member of a British Canoeing affiliated club: Hold a £10 million third party liability insurance.	L
<b>INSURANCE COVER CHECKS</b>	Organisation and Paddlers	<p>All competitors will be checked for insurance cover at race entry as either having:</p> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> British Canoeing membership.</li> <li><input checked="" type="checkbox"/> Affiliated club British Canoeing membership.</li> </ul>	L
<b>COMPETENCE</b>	Paddlers	<p>Paddlers are solely responsible for their own competence, medical fitness, endurance to complete the race and issues and welfare undertaking the race in the conditions present on the day.</p> <p>All entrants will complete an entry form stating competence (see separate form). For Under 18 paddlers, an adult with “Loco Parentis” for them entering and attempting the race and with knowledge of their ability will be required to sign as to their competence to race on the conditions on race day.</p>	L

<b>START AND FINISH NUMBERS MATCHING</b>	Organisation and Paddlers	All paddlers will have a start number and start time allocated. Start and finish numbers will be compared. Paddlers will be briefed on ensuring they do not leave the race area without first reporting their withdrawal. Contact details will be held on entry forms if needed.	L
<b>SITE SPECIFIC</b>			
<b>NON PADDLERS &amp; MEMBERS OF THE PUBLIC</b>	Both	The location is popular and next to a campsite so there can be plenty of people in the vicinity of the race. Paddlers should watch when they move boats around, paddles etc. Also it is suggested no paddler under 16 should be allowed to move around the centre for any reason e.g. taking canoes to river, going to the toilets etc., on their own (nor be left on their own).	L
<b>PROTECTED LAND AND PRIVATELY OWNED LAND</b>	Both	Much of the race course has a public footpath along both banks of the course but there are also areas of private property which must be respected by all.	L
<b>WATER GETTING IN AND OUT</b>			
<b>GETTING IN AND OUT</b>	Paddlers and spectators	All WWR paddlers and spectators or officials getting on the water MUST wear a buoyancy aid.  Spray decks are highly recommended  It is recommended officials doing start and finish and parents, spectators etc., if on the bank and potentially prepared to intervene in a rescue wear a buoyancy aid.  Paddlers to be careful getting in and out and request assistance if required.	L
<b>MUDDY BANKS</b>	Paddlers and Spectators	The banks can be very slippery and the mud much deeper than you think, ensure you get in and out on firm ground/banks	L
<b>RIVER CONDITIONS</b>	Paddlers	River Soar is a natural river lined with trees and other hazards. The canal is also part of the river. At low water these present little risk, however the river can rise rapidly in wet weather and as the river rises the risk of becoming entangled and entrapped in trees and other hazards increases, quickly. Any specific hazards will be highlighted during the briefing. We often recommend younger participants are escorted, we can sometimes help and provide escorts down the course.	L
<b>CONDITIONS WIND,WEATHER ETC.,</b> E.G.	Paddlers and Spectators	<b>Review on day of race. Option includes course changes shorter or circular nearer to the start or cancellation.</b>	L
<b>BOATS MOORED AND CHAINS/ROPES</b>	Paddlers	There are a few place where boats are moored with chains, ropes etc., between them or mooring them DO NOT cut over these you can get trapped or pulled under	I
<b>RIVER TRAFFIC</b>	Paddlers	There may be some boat traffic on the canal section, there is little traffic on the river. Competitors are reminded to treat all other user with respect.	L
<b>OVER HANGING TREES BRANCHES ETC</b>	Paddlers and Spectators	In low water the risk is low and most trees and obstacles are above the water, as the river rises the risk of becoming entangled and entrapped in trees and	L

		other hazards increases, quickly. Any specific hazards will be highlighted during the briefing.	
<b>CAPSIZE</b>			
<b>CAPSIZE</b>	Paddlers	<p><b>IN ALL CASES THE PADDLER TAKES PRIORITY OVER SAVING BOAT AND/OR EQUIPMENT</b></p> <p><b>WWR code of conduct requires all paddlers to offer support to other paddlers when requested or if they see someone in potential difficulty with penalty of disqualification for life from competitive canoeing unless at risk/danger themselves.</b></p> <p>The paddler should get to the bank as quickly as possible with their canoe and paddle if they can. If they need help they MUST stop the next paddlers by calling for help from them. The water current may be strong and some paddlers may have difficulty in swimming against this. The finished paddlers must be alert to the paddlers on the race course and go to help immediately. Experienced paddlers will be asked to stay on the water (if they agree) to assist with safety in addition to the two finish paddlers on standby.</p> <p><b>NB: If a boat is lost downstream then please let the race organisation know so emergency service can be notified to prevent any unnecessary searches being started.</b></p>	L
<b>BOAT SPECIFIC</b>			
<b>SAFETY CLOTHING AND EQUIPMENT</b>		<p>CHECK YOUR KIT BEFORE YOU LEAVE HOME THOSE 40 YEAR OLD WOODEN PADDLES MAY HAVE BEEN GOOD 40 YEARS AGO BUT ARE THEY NOW!!!!</p> <p>Paddlers are required to ensure their safety clothing and equipment is in accordance with current safety regulations in WWR.</p>	L
<b>CANOE FLOTATION</b>	Paddlers	All boat must comply with the current wwr safety rules	L
<b>HELMETS</b>	Paddler	The race encompasses a section of can and flat meandering river and competitors are not required to wear helmets.	
<b>ILL HEALTH INJURY</b>			
<b>ILL HEALTH and or INJURY</b>	Paddlers	If you can pull to the side or safe bank area, or an area you can beach boat or hold on safely to something if you can get out and rest on bank. Call for help in any situation and report to the race organiser for first aid or treatment on site or wider help. Contact to race first Aider.	L
<b>HYPOTHERMIA/HEAT STROKE</b>	Paddlers and spectators	<p>Paddlers can withdraw from race by attracting other paddlers' attention.</p> <p>Wear clothing appropriate to conditions and that suits your own bodily temperature control needs.</p>	L

<b>WEILS DISEASE</b>	Paddlers	<b>WEIL'S DISEASE</b> Weil's Disease is a RARE but very serious illness which is caused by bacteria carried in the urine of rats (and some other animals). It can be contracted anywhere but especially around waterways. The descending scale of risk is: Stagnant water, canals and slow moving rivers (particularly after flash floods), swifter streams. Precautions: <ul style="list-style-type: none"> <li>• Avoid capsize drill or rolling in stagnant or slow moving water</li> <li>• Wash or shower after canoeing Cover minor scratches on exposed parts of the body with water-proof plaster</li> <li>• Use foot-wear to avoid cutting feet</li> </ul> Should you become ill after canoeing (2-19 days) with a flu-like illness (temperature, aching limbs & joints) call your doctor and tell him/her you are a canoeist and may have come into contact with the Leptospirosis bacteria - see your Yearbook Contact the British Canoeing Office for more information – see for standard handout please.	L
<b>FIRST AID</b>	All Participants	Jamie Christie 07736 959396 is the qualified first aider on site for the event.	
<b>EVENT SAFETY OFFICERS</b>		Jamie Christie and Richard Vincent	
<b>EMERGENCY</b>			
<b>EMERGENCY</b>	Paddlers and Spectators	<b>Call 999 or 112 and request the correct service, explain the situation and contact the race organiser as soon as possible.</b>	L