

Wild Water Racing Development Winter Training Camps 2022-23

AIMS

- Develop efficient Wild Water paddling skills for racing
- Enhance team Racing skills and tactics
- Coaching and educational workshops from National Coaches
- Looking ahead to maximizing Training and Racing 2023 Season

KEY DATES

- **South Wales Training Camp**
December 3rd/4th
- **Lake District Training Camp**
January 28/29th
- **North Wales River Weekend**
Feb (TBC)

WHO

- Invites will be sent to all 2022 Team paddlers (Junior, Un23 & Senior) others welcome by application
- Please apply your interest or request further details by emailing coaching@wildwater.org.uk